**REHABILITATION: Getting Back To Work!**

Would You Say “Yes” to Any of These Questions?

- Did you work before becoming ill?
- Do you miss your friends from work?
- Do you feel your life had more purpose when you were working?
- Do you want to return to work?
- Do you want to try a new job, perhaps something you always wanted to do?

Then consider using your state’s Rehabilitation Services office to help you.

Contact the Social Worker at your Dialysis Facility or Transplant Center OR Call your local area office of Rehabilitation Services:

**ALABAMA 800-441-7607**  
Department of Rehabilitation Services  
602 S. Lawrence Street  
Montgomery, AL 36104  
[www.rehab.alabama.gov](http://www.rehab.alabama.gov)

**MISSISSIPPI 800-443-1000**  
Department of Rehabilitation Services  
1281 Highway 51  
Madison, MS 39110  
[www.mdrs.ms.gov](http://www.mdrs.ms.gov)

**TENNESSEE 615-313-4891**  
Vocational Rehabilitation Services  
Citizens Plaza State Office Building  
400 Deaderick Street, 12th Floor  
Nashville, TN 37243-1403  

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Network 8, Inc.  
775 Woodlands Parkway, Ste. 310  
Ridgeland, MS 39157  
Phone: 1-877-936-9260  
[www.esrdnetwork8.org](http://www.esrdnetwork8.org)
Rehabilitation can be thought of as a way for you to regain your strength, to relearn skills, to find new ways of doing things that you did before, or to restore your livelihood. Rehabilitation Services assists patients in meeting their goals of retraining for a new job, or returning to work. You may benefit from training or financial assistance for college or technical school.

The goal for Rehabilitation Services is to help people continue their education, keep their jobs or get new jobs. They can help you with job training, classes at community colleges, and job placement. The social worker at your facility can help you get in touch with Rehabilitation Services or other job counselors in your area.

There are many ways for you to stay active. You might decide to work full time or part time, go back to school for one class or several, work at home, volunteer for your church or community, or spend time with a hobby.

If you need to learn new skills to change jobs, there are organizations that can help you. One of the organizations that may be able to help you is Rehabilitation Services.

What Rehabilitation Services will need from you:
- Record of your work history
- Your Social Security card
- Health Insurance information (all your insurance cards)
- Names and addresses for each doctor you see
- History of your education
- Rehabilitation Goal (what kind of work or training you want)