

My Care, My Voice: The Treatment Care Plan

What is a Care Plan?

Every patient has a care plan, and the members of your care plan team include you, your doctor, nurse, social worker and dietitian. The care plan contains information about your treatment needs such as medicine, treatment time, and diet. It is usually done once per year.



How does care planning work?

Care plans are sometimes done in team meetings and sometimes care plans are done by talking to you at chair side. Either way, what you tell the team members will help them give you the best care by letting the team members know what is important to you.

How can I take part in the care plan?

Ask questions! If your facility offers a care plan meeting that you can attend, ask your questions there. If not, ask the team members when they visit you at chair side. If you are not sure what to ask, use the My Care, My Voice Care Plan Checklist to let the team know what is important to you and the information you need from them.

What's in it for me?

The more you know about your care, the more control you will have over your health. Not every question has an easy answer, but getting involved in your care plan is the best way to get started.

“Tell me and I forget. Teach me and I may remember. Involve me and I learn.”

~ Benjamin Franklin

To file a grievance please contact Network 8 at 877-936-9260, info@nw8.esrd.net, 775 Woodlands Pkwy, Suite 310, Ridgeland, Mississippi 39157, and www.esrdnetwork8.org.